



Food for Thought Lunchtime Series

As a service to our community, these educational sessions are free of charge.

July (National UV Safety Month)

Will You Still Want Me When I'm 83? Wednesday, July 25, 2018 Noon – 1:00p.m.

Learn some of the truths about older adults and sexuality. Optional 1.0 CEU available from the Arizona Board of Examiners of Nursing Care Institution/Administrators and Assisted Living Facility Managers.

Presenter: Rev. Murray Flagg, PhD Harmony Hospice

August

Diabetes in Older Adults Wednesday, August 22, 2018 Noon – 1:00p.m.

Diabetes can often be a disease we acquire later in life. Learn the early warning signs and treatments available to help people live a full and active life with diabetes. Optional .50 CEU available from the Arizona Board of Examiners of Nursing Care Institution/Administrators and Assisted Living Facility Managers.

Presenter: Tracy Callison, RN Case Manager Harmony Hospice

September (National Deaf Awareness Month)

Deaf Awareness Wednesday, September 19, 2018 Noon – 1:00p.m.

September is National Deaf Awareness Month and a time to build our understanding of how people who are deaf cope in the hearing world. Many people face becoming deaf later in life and experience similar challenges. Learn about some of the tools available to help.

Presenter: Paul Hawkins, BA Sprint Captel

October (National Breast Cancer Awareness Month)

Early Detection & Screening Wednesday, October 17, 2018 Noon – 1:00p.m.

The importance of early detection and screening for breast cancer can save a person's life.

Presenter: Shamudheen Rafiyath, MD Arizona Oncology

November (National Alzheimers Awareness Month)

Overview of Alzheimers & Dementia Wednesday, November 14, 2018 Noon – 1:00p.m.

The impact of Alzheimers and other types of dementia can be overwhelming, but no one needs to go on this journey alone. Learn about the variety of services and resources available to help you cope with all aspects of the disease and its progression.

Presenter: Lisa Brazil, Community Resource Manager Alzheimers Association of Southern Arizona

December

Understanding Powers of Attorney Wednesday, December 12, 2018 Noon – 1:00p.m.

Do you know the differences between Power of Attorney and Healthcare Power of Attorney? Do you have a living will in place? During this training, important facts will be shared by an attorney who specializes in eldercare.

Presenter: Shanelle C. Schmitz, Attorney at Law Zack & Schmitz

RSVP Requested: Sheila McGinnis (520) 284-9334 or email: smcginnis@harmonyhospice.org

Location of Trainings: 1200 N El Dorado Place, Suite B-200 Tucson, AZ